

# FISHKILL FARMS

AMOR ET LABOR



SINCE 1913

## Fishkill Farms CSA 2014

### **CSA: What's that about?**

"CSA" is an abbreviation for the concept of "Community Supported Agriculture," a program in which share-holders make an upfront payment, and get a weekly supply of fruits and vegetables throughout the growing season. Each week's share will be a surprise, encouraging you to cook creatively with new ingredients. It's the perfect crash course in locavore living! Through a Fishkill Farms CSA share, you'll get the opportunity to eat the freshest, highest-quality local food—grown and harvested with utmost care.

### **Why choose the Fishkill Farms CSA?**

Fishkill Farms is a family-owned, third-generation fruit and vegetable farm in the town of East Fishkill. We grow a diverse array of vegetables and berries (using strict organic methods, but not certified). Unlike many other CSA farms, we also grow a variety of luscious tree fruit. Organic fruit is extremely difficult to produce in the tempestuous climate of the Northeast, so we opt for a low-spray, ecological approach on our apples, peaches, cherries and plums. We only spray them with the gentlest materials when it's absolutely necessary to protect the crop, and are certified Eco-Friendly by Red Tomato. This means that our produce is safer for you, better for the environment, and sustainably-grown in all senses of the word.

### **The Details...**

Our Brooklyn CSA pickup hours are Saturdays from 9am to 12pm. Our pickup site is the Old Stone House in Park Slope—located at 336 3rd St, Brooklyn, NY.

### **Fruit and Vegetable Shares**

**Standard Share:** \$950, due at time of registration.\* A typical share should accommodate the veggie needs of a 4-person family, and contain about 10 items per week, for 25 weeks.

**Small Share:** \$550, due at time of registration.\* This share should include approximately 6-7 items per week, for 25 weeks.

### **Additional Shares**

**Egg Share:** \$138, due at time of registration.\* This includes 1 dozen eggs per week for 25 weeks.

**Milk Shares:** Prices vary, please see application. A weekly standing order for local dairy products from Hudson Valley Fresh, able to be picked up alongside your weekly produce.

**Meat Shares:** Prices vary, please see application for website link. Species-specific shares include frozen cuts of pork (total pickup amount of ~15lbs) whole and half-lambs, and whole chickens. Meat share pickups will occur on a monthly basis, June-November.

\*Full payment in advance helps support the farm when it counts the most—in the spring when the season's supplies must be purchased. However, if this represents a financial hardship, please let us know and we will do our best to arrange a payment plan that works for you and the farm.

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## Fishkill Farms Crops

(Shares *may* include some or all of these items)

June	July	August	September	October	November
Red Leaf Lettuce Rainbow Chard Spinach Chioggia Beets Broccoli Radishes Scallions Kohlrabi Bok Choi Napa Cabbage Apple Cider Apples Strawberries Cherries Sugar Snap Peas Kale Carrots	Romaine Lettuce Red Leaf Lettuce Green Leaf Lettuce Bok Choi Salad Mix Spicy Mix Cucumbers Summer Squash Sweet Peppers Hot Peppers Fairytale Eggplant Italian Eggplant Japanese Eggplant Basil Green Beans Plums Blueberries Peaches	Russian Kale Collard Greens Heirloom Tomatoes Red Tomatoes Cherry Tomatoes Tomatillos Watermelons Canteloupe Paulared Apples Mango Donut Peaches Nectarines Sweet Corn Husk Cherries	Leeks Lacinato Kale Russian Kale Collard Greens Green Beans Leeks Dill Red Tomatoes Heirloom Tomatoes Cherry Tomatoes Hot Peppers Broccoli Cauliflower Apples Pears	Arugula Chioggia Beets Hakurei Turnips Cauliflower Fennel Sage Rosemary Butternut Squash Yellow Onions Red Onions Apples Red Cabbage Green Cabbage Napa Cabbage Apple Cider Pears	Shallots Garlic Yellow Onions Red Onions Watermelon Radishes Acorn Squash Delicata Squash Butternut Squash Spaghetti Squash Red Beets Lettuce Spinach Purple-top Turnips Apple Cider Apples Red Cabbage Green Cabbage Brussels Sprouts



## Fishkill Farms CSA 2014

To join our 2014 CSA program, please complete this form and make out a check for the total amount to "Fishkill Farms." Applications can be mailed to us at 9 Fishkill Farms Road, Hopewell Junction NY 12533. Alternatively, they can be turned into our stand at the Carroll Gardens Greenmarket on Sundays between 8am and 2pm.

If you need some more info, call us: (845)-897-4377, or email us: [csa@fishkillfarms.com](mailto:csa@fishkillfarms.com).

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

E-mail 1: \_\_\_\_\_ Email 2: \_\_\_\_\_

(Please write all addresses at which you'd like to receive our weekly CSA newsletter updates!)

Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

*Please indicate how many of each share you would like to purchase.*

### ***Fishkill Farms Options (25 weekly pickups)***

\_\_\_ Standard Fruit and Vegetable Share: \$950

\_\_\_ Small Fruit and Vegetable Share: \$550

\_\_\_ Egg Share (\$138)

### ***Hudson Valley Fresh Milk Share Options (25 weekly pickups)***

\_\_\_ 1 Half-Gallon of Whole-Fat, Low-Fat, or Skim Milk (\$85)

\_\_\_ 1 Half-Gallon of Chocolate Milk (\$94)

\_\_\_ 1 Pint Half&Half (\$44)

\_\_\_ 8oz of Heavy Cream (\$44)

### ***Fatstock Farm Meat Share Options***

Please note, signing up for the meat share must take place through Fatstock Farm:

<http://www.fatstockfarm.com/meat-csa/>

The precise pickup schedule will be released before June. Meat share pickups will occur during normal CSA pickup hours.

TOTAL: \$ \_\_\_\_\_

CSA APPLICATION AGREEMENT: I would like to participate in Fishkill Farms' CSA for the 2014 growing season. I understand that as a CSA member, I am like a stock-holder in the farm, and thus share in both the risks and rewards of the season. The weather and factors beyond Fishkill Farms' control may result in the shortage or absence of some of the crops listed. Parts of the season, depending on many factors, may have lighter harvests than others. Shares are non-refundable after the first pickup. Completing this application does not guarantee membership, as shares are given on a first-come, first-serve basis.

Signature \_\_\_\_\_

Date \_\_\_\_\_